

Counseling Professionals, PLLC

Alexus Amaker, MSW, LCSW-A



Contact Information

Address: 7406 Chapel Hill Rd Ste J, Raleigh, NC 27607-5039

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Phone: 919-335-5699

Hours: Monday, Wednesday, Friday: 6 to 9 PM; Saturday & Sunday: 8 AM to 3 PM

Experience Areas and Focus

Age Focus: 13 to 60

Individual

Working with: Anxiety, Depression, High-stress lifestyles, Time Management, Organization, Life Balance, Trauma, Stress Management, School Life, Transitions

Rates and Insurance Coverage

I take in the credentialing process. Please check for the latest panels.

Out of network rate: \$120

Discounted Rate for special situations: \$60

Personal Statement

Life can be a roller coaster! Everyone goes through periods of highs and lows, take on twists and turns, and at times we come to a screeching halt. That halt comes when we realize that the challenge we're facing cannot be faced alone and we come to understand that we may need a little help getting back on track. Has life taken you off-track? Are you growing restless trying to get yourself back on track? Let's work together to figure out how to alleviate this pause in your life!

I can provide a comfortable, confidential, and non-judgmental environment for you to explore what YOU need out of life. I will be there to support you, provide perspective, and empower you to determine what is needed for you to maintain being your best self. We will work together to identify your strengths, limitations, and ensure your self-determination toward your progress. I specialize in working with individuals who are facing personal challenges that require a different perspective. I respect your lived experiences, past and present, and look forward to working with you!

